January 2010

University Place Activities Calendar!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 *Happy New Year!* New Year's Day	2 ON YOUR OWN WALKING TRACK COMPUTER ROOM FITNESS ROOM TABLE GAMES
3 9:00 Elmdale Baptist 3:00 Methodist 6:30 Baker Heights Church of Christ	4 9:00 Walk w/Music (DR) 9:30 Video Tone Up (AR) 10:00 Grocery Shopping 2:30 BINGO (DR) 3:00 Country Store Open Progressive 42 TABLE GAMES	5 8:00 Cracker Barrel 9:00 Walk w/Music (DR) 9:30 Exercise Tape (AR) 10:00 B/P Checks (CH) 2:00 SCRABBLE(AR) 2:30 Soft Serve (ICP) 3:00 Bible Study (CH) 3:30 Country Store Open	6 9:00 Walk w/Music (DR) 9:30 Video Tone Up (AR) 9:30 WALKER's COFFEE(DR) 1:30 Ladies Bible Class (LR) 1:30 Bowflex (ER) 2:30 BINGO w/Belinda (AR) 3:30 Country Store Open TABLE GAMES	7 9:00 MEN'S SOCIAL (FL) 9:00 Walk w/Music (DR) 9:30 Exercise Tape (AR) 1:00 Bowflex (ER) 1:30 American State Bank 2:00 SKIP-BO (AR) 2:30 Soft Serve (ICP) 5:30 SING SONG (CH)	8 9:00 Walk w/Music (DR) 9:30 Video Tone Up (AR) 10:00 Grocery Shopping 1:30 Bowflex (ER) 2:00 WALMART SHOPPING 6:00 Bridge (AR) 7:00 Popcorn & Movie (FL) TABLE GAMES	9 ON YOUR OWN WALKING TRACK COMPUTER ROOM FITNESS ROOM TABLE GAMES
10 9:00 Elmdale Baptist 3:00 Methodist 6:30 Baker Heights Church of Christ	11 9:00 Walk w/Music (DR) 9:30 Video Tone Up (AR) 9:30 First Financial Bank 10:00 Grocery Shopping 2:30 BINGO (DR) 3:00 Country Store Open Progressive 42 TABLE GAMES	12 8:00 Cracker Barrel 9:00 Walk w/Music (DR) 9:30 Exercise Tape (AR) 10:00 B/P Checks (CH) 2:00 SCRABBLE(AR) 2:30 BINGO e/Erin (AR) 3:00 Bible Study (CH) 3:30 Country Store Open	13 9:00 Walk w/Music (DR) 9:30 Video Tone Up (AR) 9:30 WALKER's COFFEE(DR) 1:30 Ladies Bible Class (LR) 1:30 Bowflex (ER) 2:30 BLANKET CRAFT (AR) 3:30 Country Store Open TABLE GAMES	14 9:00 MEN'S SOCIAL (FL) 9:00 Walk w/Music (DR) 9:30 Exercise Tape (AR) 11:00~1:00 OUT TO EAT 1:00 Bowflex (ER) 1:30 American State Bank 2:00 SKIP-BO (AR) 5:30 SING SONG (CH)	15 9:00 Walk w/Music (DR) 9:30 Video Tone Up (AR) 10:00 Grocery Shopping 1:30 Bowflex (ER) 2:00 Dominoes (AR) 6:00 Bridge (AR) 7:00 Popcorn & Movie (FL) TABLE GAMES	16 ON YOUR OWN WALKING TRACK COMPUTER ROOM FITNESS ROOM TABLE GAMES
17 9:00 Elmdale Baptist 3:00 Methodist 6:30 Baker Heights Church of Christ	18 9:00 Walk w/Music (DR) 9:30 Video Tone Up (AR) 10:00 Grocery Shopping 2:30 BINGO (DR) 3:00 Country Store Open Progressive 42 TABLE GAMES Dr. Martin Luther King, Jr. Day	19 8:00 Cracker Barrel 9:00 Walk w/Music (DR) 9:30 Exercise Tape (AR) 10:00 B/P Checks (CH) 2:00 SCRABBLE(AR) 2:30 Soft Serve (ICP) 3:00 Bible Study (CH) 3:30 Country Store Open	20 9:00 Walk w/Music (DR) 9:30 Video Tone Up (AR) 9:30 WALKER's COFFEE(DR) 1:30 Ladies Bible Class (LR) 1:30 Bowflex (ER) 2:30 Resident's Birthday Party 3:30 Country Store Open TABLE GAMES	21 9:00 MEN'S SOCIAL (FL) 9:00 Walk w/Music (DR) 9:30 Exercise Tape (AR) 10:00~11:15 Encompass (CH) 1:00 Bowflex (ER) 2:00 GeneGolding Singing(CH) 1:30 American State Bank 5:30 SING SONG (CH)	22 9:00 Walk w/Music (DR) 9:30 Video Tone Up (AR) 10:00 Grocery Shopping 1:30 Bowflex (ER) 2:00 WALMART SHOPPING 6:00 Bridge (AR) 7:00 Popcorn & Movie (FL) TABLE GAMES	23 ON YOUR OWN WALKING TRACK COMPUTER ROOM FITNESS ROOM TABLE GAMES
24 9:00 Elmdale Baptist 3:00 Methodist 6:30 Baker Heights Church of Christ	25 9:00 Walk w/Music (DR) 9:30 Video Tone Up (AR) 9:30 First Financial Bank 10:00 Grocery Shopping 2:30 BINGO (DR) 3:00 Country Store Open Progressive 42 TABLE GAMES	26 8:00 Cracker Barrel 9:00 Walk w/Music (DR) 9:30 Exercise Tape (AR) 10:00 B/P Checks (CH) 1:00 CRICKETT CRAFT(AR) 2:00 SCRABBLE(AR) 3:00 Bible Study (CH) 3:30 Country Store Open	27 9:00 Walk w/Music (DR) 9:30 Video Tone Up (AR) 9:30 WALKER's COFFEE(DR) 1:00 Fall PREVENTION(CH) 1:30 Ladies Bible Class (LR) 1:30 Bowflex (ER) 3:30 Country Store Open TABLE GAMES	28 9:00 MEN'S SOCIAL (FL) 9:00 Walk w/Music (DR) 9:30 Exercise Tape (AR) 1:00 Bowflex (ER) 1:30 American State Bank 2:00 SKIP-BO (AR) 2:30 Soft Serve (ICP) 5:30 SING SONG (CH	29 9:00 Walk w/Music (DR) 9:30 Video Tone Up (AR) 10:00 Grocery Shopping 1:30 Bowflex (ER) 2:00 Skip-Bo (AR) 6:00 Bridge (AR) 7:00 Popcorn & Movie (FL) TABLE GAMES	30 ON YOUR OWN WALKING TRACK COMPUTER ROOM FITNESS ROOM TABLE GAMES
31 9:00 Elmdale Baptist 3:00 Methodist 6:30 Baker Heights Church of Christ	May God Bless Us All In 2010!					